

NOVISTA

Our goal: The Novista weighted vest – a part  
of the modern classroom





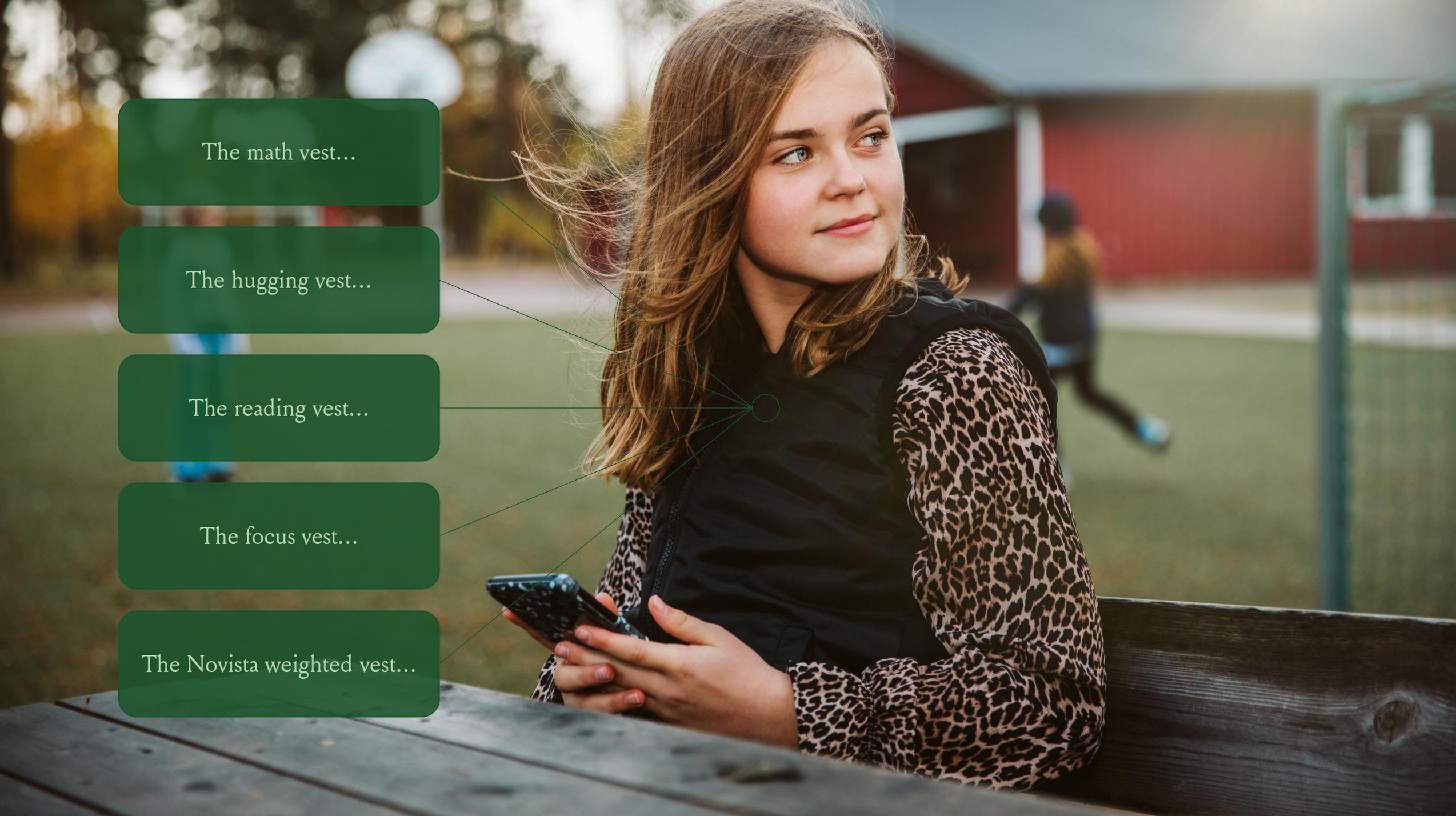
Stylish, flexible and comfortable

Durable product with a long service life, manufactured in Europe under fair conditions

Improves the ability to focus and concentrate, which contributes to a better working environment in the classroom

# The Novista weighted vest

What is it and who is it for?



The math vest...

The hugging vest...

The reading vest...

The focus vest...

The Novista weighted vest...

# Who wears a weighted vest?

- The weighted vest is a cognitive aid that affects the body's built-in sense of movement and position
- It is commonly used by children and adults with diagnosis such as ADHD, Autism, anxiety, mental illness
- Also used by people without any underlying diagnoses as a tool for improved focus and concentration

# Research

- Most current research on weighted vests are based on children with neuropsychiatric disabilities such as ADHD, Autism and language disorders.
- It is common for children with neuropsychiatric disabilities to have reading and writing problems, difficulty understanding or difficulty concentrating, which is often detected and becomes visible in the classroom environment.
- Research has shown that the use of a weight vest has a positive effect on the ability to pay attention and concentrate, as well as the ability to focus on specific tasks. [More about research Including links.](#)



## About the vest

- The vest has a strong sewn-in elastic band at the waist. In this way, the feeling of weight and pressure can be regulated. The elastic band also relieves the strain on the back and shoulders
- The weight consists of soft polyester fiber threads that are sewn into the lining of the vest. This means that the weight is evenly distributed throughout the vest and makes it flexible and comfortable
- The outer fabric is durable, dirt- and stain repellent. This means that the vest can be wiped off with a damp cloth and hung on airing instead of being washed
- The Novista weighted vest can be washed at up to 60 degrees
- Sizes (children): 110-116 (1.0 kg), 122-128 (1.5 kg), 134-140 (2.0 kg), 146-152 (2.5 kg)
- Colors: Black

# Praised by teachers



”Amazing!”

”One student said he could concentrate better so that he became lightning fast on math. Another student became very calm. One thought it was so nice that he wanted one at home. Together we agreed that we had super vests at school!”

”I have a student with ADHD. We have tried everything, but still have difficulties to concentrate. When I read about the vest I got very interested. I want to borrow one for the student and promote it to be used as a tool in class rooms.”

”The Novista weighted vest became a natural part of the class room!”

